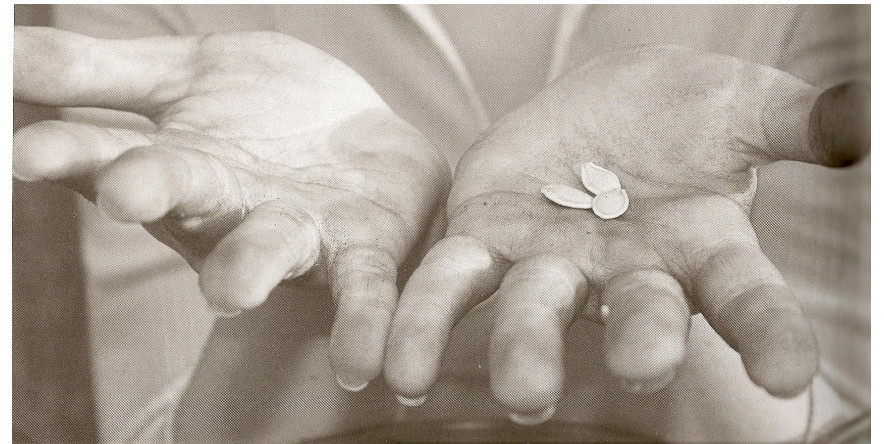




www.ealingtransition.org.uk

LOCAL FOOD



Setting the agenda for Ealing's food future

AN **Ealing** EVENT
TRANSITION

Saturday 21st November 2009, 10.30am-4pm

St Mary's Church Hall, St Mary's Road, Ealing.

Setting the Agenda

Where can I reliably get hold of tasty local seasonal produce?
What can I do about food miles?
How could I go about growing my own vegetables?
How will we feed ourselves in a post-carbon future?
How can we source food in an environmentally sustainable way?
What is permaculture?
What is Community Supported Agriculture?

And how can I do something about it?

Whether you are interested in selling it, serving it, growing it or eating it, come and help shape the future of food in Ealing. The event is aimed at everybody: families, policy makers, local businesses, schools.

With speakers from the cutting edge of food policy, 'Local Food' is a unique opportunity for Ealing to start creating a healthy and sustainable food future.

About Ealing Transition

The combined challenges of Peak Oil and Climate Change mean we will have to reduce our dependence on fossil fuels. This means we must re-imagine the way we source our food, design our buildings, generate energy, and more. We must also work out what skills will be necessary to help us do this.

The transition towns movement was born out of the conviction that human beings are incredibly resourceful and if we start planning now, the transition to a more resilient and sustainable future will be not only less painful, but more enjoyable.

Ealing Transition has been raising awareness of the above issues in the community during 2009, and is planning an exciting programme of events during 2010. If you would like to find out more or get involved, please contact us via our website.

Event Outline

10.30am Arrival, tea & coffee, introduction

11-12am Dr Howard Lee – Food: the Big Picture
Dr Martin Caraher – Setting the Local Agenda

12-1pm Short stories from Ealing and London including

- Acton 'Thyme Team'
- Community Gardens
- Kingston Transition
- West Ealing Abundance Project

1-2pm Lunch, made from local food

2pm-4pm 'Open Space' - a participative community discussion, guided by Ealing Transition. An opportunity to brainstorm, plan, and start making it happen!

Pre-Booking

It would help us immensely if you could let us know in advance that you are going to attend, so we can plan seating, lunches etc. Please pre-book at www.ealingtransition.org.uk or by leaving a message on 020 8746 0213. The event is free but we would appreciate a small donation on the day to help us cover costs

About our Speakers

Dr Martin Caraher is Reader in food and health policy at the Department of Health Management and Food Policy at City University. He sits on the London Food Board which advises the Mayor on food in London

Dr Howard Lee lectures in Sustainable Land Management at Hadlow College. A trained ecologist, he has done work in the charitable sector and advises on energy reduction and food security